

# **Health Awareness Days 2011**

## **JANUARY**

31 World Leprosy Day

## **FEBRUARY**

**Healthy Lifestyle Awareness Month Reproductive Health Month**

4 World Cancer Day

13 -19 STI / Condom Week

7 -13 Pregnancy Awareness Week

18 Healthy Lifestyles Awareness Day

## **MARCH**

**TB Awareness Month**

8 International Women's Day

10 World Kidney Day 20 World Head Injury Awareness Day

21 Human Rights Day 21 World Down Syndrome Day

21- 27 World Salt Awareness Week 24 World TB Day

## **APRIL**

**Health Awareness Month**

2 World Autism Awareness Day

4 - 10 National Polio Eradication Awareness Week

7 World Health Day

17 World Haemophilia Day

25 Africa Malaria Day

## **MAY**

### **Anti-Tobacco Campaign Month**

### **International Multiple Sclerosis Month**

1 - 8 Hospice Week

8 World Red Cross Day

10 World Move for Health Day

12 World Chronic Fatigue and Immune Dysfunction Syndrome

12 International Nurses Day

15 Candlelight Memorial Day

23 - 29 Child Protection Week

28 International Day of Action for Women's Health

31 World No Tobacco Day

## **JUNE**

### **National Youth Month**

### **Men's Health Month**

### **National Blood Donor Month**

1 International Children's Day

4 International Day of Innocent Children – Victims of Aggression

5 International Cancer Survivors Day

5 World Environment Day

14 World Blood Donor Day

15 World Elder Abuse Awareness Day

16 Youth Day

20 - 26 National Epilepsy Week

21 National Epilepsy Day

20 - 24 National Youth Health Indaba

20 - 26 SANCA Drug Awareness Week

26 International Day against Drug Abuse and Illicit Drug Trafficking

## **JULY**

### **Mental Illness Awareness Month**

11 World Population Day

## **AUGUST**

### **National Women's Month**

### **Organ Donor Month**

1 - 5 Rheumatic Fever Week

1 - 7 World Breastfeeding Week

1 - 7 National Immunisation Awareness Week

9 National Women's Day

12 International Youth Day

22 - 28 African Traditional Medicine Week

31 African Traditional Medicine Day

## **SEPTEMBER**

**National Heart Awareness Month**

**National Oral Health Month**

**Albinism Awareness Month**

**Muscular Dystrophy Awareness Month**

**Eye Care Awareness Month (spans September and October)**

29 Aug - 4 Sept Deaf Awareness Week

5 - 11 Pharmacy Week

5 - 11 Back Week

5 - 9 Kidney Awareness Week

8 World Rabies Day

9 International Foetal Alcohol Syndrome Day

12 World Oral Health Day

12 - 16 Stroke Week

13 Sept - 12 Oct Commencement of Bone Marrow Donor Awareness Month

14 National Attention Deficit Hyperactivity Disorder Day (ADHD)

15 - 19 Victim Rights Week

21 World Alzheimer's Day

18 - 24 World Retina Week

18 Sept - 15 Oct Commencement of **Eye Care Awareness Month**

24 World Retina Day

25 World Heart Day

## **OCTOBER**

**Mental Health Awareness Month**

**Breast Cancer Awareness Month**

1 International Day for Older Persons

1 National Inherited Disorders Day

4 - 10 Human Trafficking Week

8 World Hospice and Palliative Care Day

9 Partnership against AIDS Anniversary

9 - 13 National Nutrition Week

10 World Mental Health Day

10 - 14 National Obesity Week

12 World Arthritis Day

12 National Bandana Day

12 - 20 World Bone and Joint Week

12 International Day for Natural Disaster Reduction

13 World Sight Day

15 National Foetal Alcohol Syndrome Day

15 Global Handwashing Day

16 World Food Day

16 World Spine Day

17 World Trauma Day

17 Day for International the Eradication of Poverty

17 - 23 Infection Control Week

20 National Down Syndrome Day

20 World Osteoporosis Day  
23 National Iodine Deficiency Disorder Day  
24 World Polio Day  
29 World Stroke Day

## **NOVEMBER**

### **Red Ribbon Month**

### **Quality Month**

5 National Children's Day

7 - 13 SADC Malaria Week

9 World Quality Day

11 SADC Malaria Day

14 World Diabetes Day

25 International Day for the Elimination of Violence against Women

25 Nov - 10 Dec 16 Days of Activism on No Violence Against Women & Children

## **DECEMBER**

### **Prevention of Injuries Month**

1 World AIDS Day

3 International Day of Disabled Persons

5 International Volunteers Day

9 World Patient Safety Day

10 International Human Rights Day